

An Affirmation for Each Day of the Month

Day 1: I'm beautiful inside and out!

Day 2: My skin is radiant.

Day 3: My smile is infectious.

Day 4: My hair is perfect however I wear it.

Day 5: I am here to follow my purpose; I'm the only one on the planet who can do what I am here to do!

Day 6: I am more than enough.

Day 7: I always have a choice.

Day 8: I am a leader.

Day 9: My energy is important. I'm glad that I'm here!

Day 10: My best effort makes a mighty difference.

Day 11: My thoughts and opinions matter.

Day 12: I deserve respect.

Day 13: I AM LOVED.

Day 14: I am confident in who I am.

Day 15: I know within me I have all I need to make right decisions.

Day 16: I am capable of anything I set my mind to.

Day 17: My skin is like a shield; it protects the amazing things I have inside from the mean things people may say.

Day 18: I am so proud of who I am.

Day 19: I am special.

Day 20: I can always stand up for myself.

Day 21: I can't control what people think of me, but I can show them who I am.

Day 22: I believe in me.

Day 23: I am a problem solver.

Day 24: I have people who care about me and who look out for me.

Day 25: There is nobody in the world like me.

Day 26: I am here to make a difference.

Day 27: I am powerful.

Day 28: I can achieve my goals and dreams.

Day 29: It is okay to feel however I'm feeling; my feelings are here to help me.

Day 30: I accept myself exactly as I am.

Day 31: My imperfections make me perfect 😊